



# March

2010

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		<u><b>NEW MENU ITEMS</b></u> <b>CHICKEN QUESADILLA</b> <b>BAKED MACARONI AND CHEESE</b> <b>TURKEY MELT</b>		<u><b>EAT HEALTHY WITH FRESH FRUITS AND VEGGIES SERVED DAILY!!!</b></u>					
<b>1</b>	<b>BAKED MACARONI AND CHEESE</b> <b>STEAMED CARROTS</b> <b>CHILLED MIXED FRUIT</b> <b>OR: GRILLED CHEESE</b>	<b>2</b>	<b>TWIN TURKEY TACOS</b> <b>SEASONED BROWN RICE</b> <b>LETTUCE/TOMATO/CHEES</b> <b>YELLOW CORN</b> <b>FRESH FRUIT</b> <b>OR: NACHOS W/ MEAT/CHEESE</b>	<b>3</b>	<b>SPAGHETTI W/ MARINARA SAUCE</b> <b>GARLIC BREAD</b> <b>SIDE SALAD</b> <b>STRAWBERRY CUP</b> <b>OR: VEGGIE BURGER</b>	<b>4</b>	<b>CHICKEN &amp; CHEESE QUESADILLA</b> <b>LETTUCE, TOMATO, CHEESE</b> <b>SEASONED BROWN RICE</b> <b>SLICED PEARS</b> <b>OR: TURKEY BURGER</b>	<b>5</b>	<b>WHOLE WHEAT PIZZA</b> <b>OR: PIZZA W/ BROCCOLI</b> <b>STEAMED GREEN BEANS</b> <b>SIDE SALAD</b> <b>CHILLED FRUIT</b>
<b>8</b>	<u><b>MELT MADNESS</b></u> <b>TURKEY MELT W/ BACON</b> <b>STEAMED CARROTS</b> <b>CHILLED MIXED FRUIT</b> <b>OR: HAM &amp; CHEESE MELT</b>	<b>9</b>	<b>TWIN TURKEY TACOS</b> <b>SEASONED BROWN RICE</b> <b>LETTUCE/TOMATO/CHEES</b> <b>YELLOW CORN</b> <b>FRESH FRUIT</b> <b>OR: NACHOS W/ MEAT/CHEESE</b>	<b>10</b>	<b>BAKED ZITI W/ SHREDDED MOZZARELLA</b> <b>GARLIC BREAD</b> <b>STEAMED GREEN BEANS</b> <b>SLICED PEACHES</b> <b>OR: MEATBALL HERO</b>	<b>11</b>	<b>OVEN BAKED CHICKEN NUGGETS</b> <b>DIPPING SAUCES</b> <b>YELLOW CORN</b> <b>SLICED PEARS</b> <b>OR: BBQ RIBS ON A BUN</b>	<b>12</b>	<b>WHOLE WHEAT PIZZA</b> <b>OR: PIZZA W/ CHICKENI</b> <b>STEAMED GREEN BEANS</b> <b>SIDE SALAD</b> <b>CHILLED FRUIT</b>
<b>15</b>	<u><b>MELT MADNESS</b></u> <b>TURKEY MELT W/ BACON</b> <b>STEAMED CARROTS</b> <b>CHILLED MIXED FRUIT</b> <b>OR: HAM &amp; CHEESE MELT</b>	<b>16</b>	<b>TWIN TURKEY TACOS</b> <b>SEASONED BROWN RICE</b> <b>LETTUCE/TOMATO/CHEES</b> <b>YELLOW CORN</b> <b>FRESH FRUIT</b> <b>OR: NACHOS W/ MEAT/CHEESE</b>	<b>17</b>	<b>SPAGHETTI W/ MARINARA SAUCE</b> <b>GARLIC BREAD</b> <b>SIDE SALAD</b> <b>STRAWBERRY CUP</b> <b>OR: VEGGIE BURGER</b>	<b>18</b>	<b>OVEN BAKED CHICKEN NUGGETS</b> <b>DIPPING SAUCES</b> <b>YELLOW CORN</b> <b>SLICED PEARS</b> <b>OR: BBQ RIBS ON A BUN</b>	<b>19</b>	<u><b>SCHOOL CLOSED</b></u> <u><b>SUPERINTENDENTS</b></u> <u><b>CONFERENCE</b></u> <u><b>DAY</b></u>
<b>22</b>	<b>CHICKEN &amp; CHEESE QUESADILLA</b> <b>LETTUCE, TOMATO, CHEESE</b> <b>SEASONED BROWN RICE</b> <b>CHILLED MIXED FRUIT</b> <b>OR: CHEESEBURGERS</b> <b>BUN</b>	<b>23</b>	<b>TWIN TURKEY TACOS</b> <b>SEASONED BROWN RICE</b> <b>LETTUCE/TOMATO/CHEES</b> <b>YELLOW CORN</b> <b>FRESH FRUIT</b> <b>OR: NACHOS W/ MEAT/CHEESE</b>	<b>24</b>	<b>MOZZARELLA STICKS</b> <b>MARINARA DIPPING SAUCE</b> <b>FRESH GARDEN SALAD</b> <b>STRAWBERRY CUP</b> <b>OR: TURKEY MELT W/CHEESE</b>	<b>25</b>	<b>OVEN BAKED POPCORN</b> <b>CHICKEN</b> <b>DIPPING SAUCES</b> <b>YELLOW CORN</b> <b>SLICED PEARS</b> <b>OR: BBQ RIBS ON A BUN</b>	<b>26</b>	<b>WHOLE WHEAT PIZZA</b> <b>OR: PIZZA W/ CHICKENI</b> <b>STEAMED GREEN BEANS</b> <b>SIDE SALAD</b> <b>CHILLED FRUIT</b>

STUDENT LUNCH 2.00  
 REDUCED LUNCH 0.25  
 ADULT LUNCH 3.50+TAX  
 MILK  
 ADULT .45 + TAX  
 STUDENT .45

**AVAILABLE DAILY**  
 YOGURT LUNCH  
 CHEF SALAD  
 GRILLED CHICKEN  
 CEASAR SALAD  
 BAGEL LUNCH  
 FRESH FRUIT PLATE  
 FRESH VEGGIE PLATE  
 HAM & CHEESE WRAP  
 TURKEY & CHEESE WRAP  
 WRAP  
 TUNA SALAD  
 EGG SALAD  
 HAM SANWICH  
 TURKEY SANWICH  
 BOLOGNA SANDWICH

1% LOWFAT MILK  
 SKIM MILK  
 1% LOWFAT  
 CHOCOLATE MILK  
 100% ORANGE JUICE  
 100% APPLE JUICE  
 8OZ. BOTTLED WATER .65  
 REDUCED FAT COOKIES .30  
 BAKED PRETZEL .50  
 BAKED DORITOS .60  
 PIRATES BOOTY 1.00  
 LOW FAT ICECREAM .65  
 FLAT PRETZELS .60  
 BAKED BBQ CHIPS .60  
 BAKED REG. CHIPS .60