



March

2010

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		<u>NEW MENU ITEMS</u> CHICKEN QUESADILLA BAKED MACARONI AND CHEESE TURKEY MELT		<u>EAT HEALTHY WITH FRESH FRUITS AND VEGGIES SERVED DAILY!!!</u>					
1	BAKED MACARONI AND CHEESE STEAMED CARROTS CHILLED MIXED FRUIT OR: GRILLED CHEESE	2	SPAGHETTI W/ MARINARA SAUCE GARLIC BREAD SIDE SALAD STRAWBERRY CUP OR: VEGGIE BURGER	3	CHICKEN & CHEESE QUESADILLA LETTUCE, TOMATO, CHEESE SEASONED BROWN RICE SLICED PEARS	4	WHOLE WHEAT PIZZA OR: PIZZA W/ CHICKEN STEAMED GREEN BEANS SIDE SALAD CHILLED FRUIT	5	TWIN TURKEY TACOS SEASONED BROWN RICE LETTUCE/TOMATO/CHEES YELLOW CORN FRESH FRUIT OR: NACHOS W/ MEAT/CHEESE
8	<u>MELT MADNESS</u> TURKEY MELT W/ BACON STEAMED CARROTS CHILLED MIXED FRUIT OR: HAM & CHEESE MELT	9	BAKED ZITI W/ SHREDDED MOZZARELLA GARLIC BREAD STEAMED GREEN BEANS SLICED PEACHES OR: MEATBALL HERO	10	OVEN BAKED CHICKEN NUGGET DIPPING SAUCES YELLOW CORN SLICED PEARS OR: BBQ RIBS ON A BUN	11	WHOLE WHEAT PIZZA OR: PIZZA W/ BROCCOLI STEAMED GREEN BEANS SIDE SALAD CHILLED FRUIT	12	TWIN TURKEY TACOS SEASONED BROWN RICE LETTUCE/TOMATO/CHEES YELLOW CORN FRESH FRUIT OR: NACHOS W/ MEAT/CHEESE
15	<u>MELT MADNESS</u> TURKEY MELT W/ BACON STEAMED CARROTS CHILLED MIXED FRUIT OR: HAM & CHEESE MELT	16	SPAGHETTI W/ MARINARA SAUCE GARLIC BREAD SIDE SALAD STRAWBERRY CUP OR: VEGGIE BURGER	17	OVEN BAKED CHICKEN PATTY ON A BUN DIPPING SAUCES YELLOW CORN SLICED PEARS OR: BBQ RIBS ON A BUN	18	WHOLE WHEAT PIZZA OR: PIZZA W/ BROCCOLI STEAMED GREEN BEANS SIDE SALAD CHILLED FRUIT	<u>SCHOOL CLOSED SUPERINTENDENTS CONFERENCE DAY</u>	
22	CHICKEN & CHEESE QUESADILLA LETTUCE, TOMATO, CHEESE SEASONED BROWN RICE CHILLED MIXED FRUIT OR: CHEESEBURGERS BUN	23	MOZZARELLA STICKS MARINARA DIPPING SAUCE FRESH GARDEN SALAD STRAWBERRY CUP OR: TURKEY MELT W/CHEESE	24	OVEN BAKED POPCORN CHICKEN DIPPING SAUCES YELLOW CORN SLICED PEARS OR: BBQ RIBS ON A BUN	25	WHOLE WHEAT PIZZA OR: PIZZA W/ CHICKEN STEAMED GREEN BEANS SIDE SALAD CHILLED FRUIT	26	TWIN TURKEY TACOS SEASONED BROWN RICE LETTUCE/TOMATO/CHEES YELLOW CORN FRESH FRUIT OR: NACHOS W/ MEAT/CHEESE

STUDENT LUNCH 2.00
 REDUCED LUNCH 0.25
 ADULT LUNCH 3.50+TAX
 MILK
 ADULT .45 + TAX
 STUDENT .45

AVAILABLE DAILY
 YOGURT LUNCH
 CHEF SALAD
 GRILLED CHICKEN
 CEASAR SALAD
 BAGEL LUNCH
 FRESH FRUIT PLATE
 FRESH VEGGIE PLATE
 HAM & CHEESE WRAP
 TURKEY & CHEESE WRAP
 TUNA SALAD
 EGG SALAD
 HAM SANWICH
 TURKEY SANWICH
 BOLOGNA SANDWICH

1% LOWFAT MILK
 SKIM MILK
 1% LOWFAT CHOCOLATE MILK
 100% ORANGE JUICE
 100% APPLE JUICE
 8OZ. BOTTLED WATER .65
 REDUCED FAT COOKIES .30
 BAKED PRETZEL .50
 BAKED DORITOS .60
 PIRATES BOOTY 1.00
 LOW FAT ICECREAM .65
 FLAT PRETZELS .60
 BAKED BBQ CHIPS .60
 BAKED REG. CHIPS .60